MATH ANXIETY

Effort - Nerves - Performance

One of the most frustrating barriers to mathematics achievement is the feeling of anxiety and helplessness that our students experience on an occasional or regular basis. This fear and anxiety often leads to negative attitudes towards mathematics, inhibiting academic achievement and limiting our students' educational and career choices.

This workshop will focus on what research has uncovered about the connection between mathematics and the emotions and what practices are shown to be effective at home, in the classroom and in the school community.

During this workshop, we will examine the following questions:

What are the unique properties of mathematics that lead many people to develop deep seated fears of it?
What are the genetic, environmental and neurological causes of mathematics anxiety?
What are the gender and racial components of math anxiety, and how are they connected to stereotype threat?
How can we diagnose the level of mathematics anxiety in our students?
What are the ways we can help students improve their performance in mathematics in the face of this anxiety?

This full-day workshop (9:00 am - 2:00 pm) is specifically designed for K - 12 educators who wish to enhance the quality of their instruction by learning how to identify, diagnose and treat mathematics related anxieties in ways that will ensure long term success for their students. It is especially suitable for specialists working with children who have disabilities specific to mathematics.

Thursday, April 18, 2013: The Brimmer and May School, Chestnut Hill, Ma.
9 am - 2 pm, light breakfast and lunch included
Regular Registration (before April 5) $129
Late Registration (After April 5) $149

For more information and registration, visit our website at www.BLTM.com/anxiety, send an email to anxiety@bltm.com, text us at 718 909 8343, or call 888 820-2877.

Presented by **Better Living through MATHEMATICS**

Professional Development
Curriculum Design
Children's Programs

Math Anxiety:
Effort - Nerves - Performance

Workshop Schedule: April 18, 2013
8:30 - 9 am: Check-in, light breakfast & networking
9 - 11:00 am: What is for "anxiety," and what is the neurological basis for it? Why is mathematics unique in provoking anxious responses? How do we experience math anxiety?
11 am - 12 pm: Buffet lunch (provided)
12 - 2:00 pm: How can we diagnose the level of math anxiety in our students? What are the specific practices we can implement in our classrooms, as well as schoolwide, to help our students thrive despite their math anxiety? How should we counsel parents whose children are anxious about their performance in mathematics?

Workshop Location:
This workshop is hosted through the cooperation of The Brimmer and May School, Chestnut Hill, Mass. Travel directions can be found at www.brimmerandmay.org

Registration Fee:
Payments can be made by check, purchase order or credit card. You may register online at www.BLTM.com/anxiety, or by filling out and mailing the registration form below along with a check or purchase order; you can also fax your registration to 718 568-0203. Please remember to make out all checks and purchase orders to "Better Living Through Mathematics."

Cancellations:
All cancellations may be submitted by email at cancellations@BLTM.com. Cancellations received two or more weeks prior to the workshop date are fully refundable, minus a $25 service charge. Cancellations received within a week of the workshop date are refundable at 50% of the registration fee. Substitutions are encouraged and welcome.

Better Living Through Mathematics is a New York based educational consortium that provides state of the art staff development, innovative curriculum design and dynamic programs for teachers, children and parents.

Registration Form

School Name: _____

School Address: _____

Name	Email	Grade(s) Teaching

Workshop Fees:

Regular Registration (Until April 4): $129.00
Late Registration: (April 5 and after): $149.00

Payment Type: ☐Check (enclosed)　　　☐Purchase Order: _____　　　☐Online Payment

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